



Health Dimensions Group
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Minneapolis

Currents of Change

Health Dimensions Group

An innovative, values-based leader, this Minneapolis-headquartered firm offers a complete array of integrated management and consulting services for the entire continuum of health care and senior services—a total solutions partner.

Health Dimensions Group is one of the nation's leading, fully integrated senior living and health care management and consulting firms. It works in partnership with providers of long-term care and senior-living facilities, as well as health systems and hospitals, to assist them in meeting the ever-changing needs in their markets and plan for the future while maintaining a healthy bottom line.

Headquartered in Minneapolis, Health Dimensions Group originated as a division of Health Dimensions, Inc., which was sold to the Benedictine Health System, a faith-based, nonprofit organization. Through the reorganization of the Benedictine Health System, an opportunity emerged for Health Dimensions Group to reform through private ownership. In 2000, Health Dimensions Group became a privately held entity, in order to expand its services and better meet the growing needs of its clients.

The firm draws on its staff's diverse knowledge and expertise to provide a comprehensive range of services that assist clients in addressing their specific needs. The Health Dimensions Group staff understand how each long

term care, senior living, and post acute care component impacts the whole and tailor solutions to client's unique situations and specific challenges.

Health Dimensions Group's facility management services include

- startup management,
- interim management, and
- turnaround management.

The firm's consulting solutions address the areas of

- skilled nursing,
- senior living,
- hospitals and health systems,
- finance and reimbursement,
- PACE (Programs of All-inclusive Care for the Elderly) development, and
- rehabilitation.

The firm's turnaround management services offer the special resources needed to turn around difficult situations and have been particularly valuable for many of its clients. For example, when the Sisters of St. Francis of Marycrest in Denver, Colorado, decided to provide



residential care for low-income seniors and nonelderly persons with disabilities, it faced significant financial challenges. Health Dimensions Group worked closely with the Sisters to manage the operation, helping the organization to achieve profitability within 18 months and enabling the Sisters to continue their mission.

Health Dimensions Group's clients also include mortgage companies, investment bankers, independent investor groups, religious and other faith-based organizations, municipalities, and civic organizations.

In all endeavors, the firm provides tailored solutions to meet today's challenges, along with industry leadership that envisions tomorrow's opportunities.

Above: Health Dimensions Group works in partnership with providers of senior health care to assist them in meeting the challenges of tomorrow.